

JESUS IS: Truly God and Man

Home Group Study Guide

WORSHIP:

Listen to the song “Behold Our God” by Sovereign Grace Music.

As you listen, reflect on the majesty and humility of Jesus — the One who is both fully God and fully man. Share a lyric that captures this truth and how it shapes the way you worship Him.

REVIEW:

Share something that stood out to you from Sunday’s message — a truth, phrase, or image that deepened your understanding of who Jesus is.

DISCUSS:

The sermon showed us that Jesus is truly God and truly man — not part of each, but fully both in one person.

- Why does it matter that Jesus is fully human? What difference does that make for our faith and salvation?
- Why does it matter that He is fully God? What difference does that make in your worship and trust?
- What are some examples of Jesus displaying His humanity and His divinity in the Gospels?
- How does understanding both natures of Christ guard us against heretical views that still show up today?

SHARE:

Throughout His life, Jesus experienced human weakness and emotion — He was tired, hungry, tempted, and yet without sin.

- Share a time when Jesus’ humanity comforted you — when you realized He truly understands your struggles.
- Share a moment when Jesus’ power as God gave you peace, hope, or strength beyond your own ability.
- How does holding these two truths together — His divinity and humanity — impact your relationship with Him personally?

STUDY:

Read Philippians 2:5–11 and Hebrews 4:14–16.

- How do these passages describe both the humility and the majesty of Jesus?
- According to Philippians 2, what does it mean that Jesus “made Himself nothing” and took the form of a servant?

- In Hebrews 4, how does Jesus' humanity enable Him to be a perfect High Priest for us?
- How do these verses confirm that Jesus is both God and man — our example, our mediator, and our Savior?

PRAYER:

- Thank God for sending His Son — the eternal Word who became flesh and dwelt among us.
- Worship Jesus for being the perfect bridge between heaven and earth.
- Pray that your group would grow in awe of who He is — not just what He's done, but who He is: truly God and truly man.
- Ask the Spirit to help you reflect Christ's humility and compassion in your daily life.

CHALLENGE:

Work on memorizing these question and answers:

- Why must the Redeemer be truly human? That in human nature he might on our behalf perfectly obey the whole law and suffer the punishment for human sin.
- Why must the Redeemer be truly God? that because of his divine nature his obedience and suffering would be perfect and effective
- Listen to the songs of these questions from the New City Catechism: Question #22-23